



TKD STUDENT CONDUCT

The following are meant to serve as a moral compass for Taekwondo students to follow not only in the Dojang, but in all areas of life.

The Five Codes (Aims to Achieve)

- **Respect**
- **Humility**
- **Perseverance**
- **Self-Control**
- **Honesty**

All students, white belt & above, must memorize the 5 Codes (in order).

Guidelines for Children:

Each child attending Taekwondo classes is expected to do the following:

- Make your bed every morning.
- Brush your teeth 3 times per day.
- Drink milk 3 times per day (or a suitable substitute if allergic).
- Eat green vegetables every day.
- Wash your hands and face every time you come in from outside.
- Always obey your parents.
- Never show off your Taekwondo skills to other children.
- Never interrupt adult conversation.
- Always try your hardest and remember to have fun!

Student Creed

We commit ourselves to mental and physical discipline, to be friends with one another, and to develop strength within our group. We shall never fight to achieve selfish goals. To develop wisdom and character are our ultimate commitments.

Unite for Right!

All students, yellow belt & above, must memorize the Student Creed.

Eleven Commandments

- 1) **Loyalty to your country**
- 2) **Respect your parents**
- 3) **Faithfulness to your spouse**
- 4) **Respect your brothers & sisters**
- 5) **Loyalty to your friends**
- 6) **Respect your elders**
- 7) **Respect your teachers**
- 8) **Never take life unjustly**
- 9) **Indomitable spirit**
- 10) **Loyalty to your school**
- 11) **Finish what you begin**

All students, orange belt & above, must memorize the Eleven Commandments (in order).



RULES & REGULATIONS FOR STUDENTS

STUDENTS MUST COMPLY WITH THE FOLLOWING AT ALL TIMES:

- Always salute the flag and bow when entering or leaving the Dojang (training hall) & bow toward the flags when entering or leaving the training floor.
- Students must bow to greet their Sabumnim (Master Instructor), instructors, and fellow students. Always return a bow when someone bows to you.
- Always address instructors and black belts as “sir” or “ma’am”. Use “Mister” or “Miss” when addressing them by name.
- Always address your Master Instructor as “Sabumnim” or “Sir”, *never by name*.
- Never leave class without permission.
- You must kneel down on the edge of the mat and wait for instructor permission before entering any class that is in progress.
- Never interfere with or disturb classes in progress.
- Students must be in uniform (clean & white) in order to participate in classes, tests and belt ceremonies.
- No shoes are allowed on the mats at any time.
- Shoes belong in the shoe rack. All other personal items must be left in the changing rooms during class. We strongly recommend that you do not leave any valuable items in the changing rooms. Leave them at home or purchase a luggage lock to keep on your duffel bag.
- Maintain personal cleanliness (bathe regularly, use deodorant, etc.)
- No food or drink is allowed on the training floor and no chewing gum is allowed at all.
- Remove all jewelry & watches before class.
- Long hair should be tied back before class.
- Students shall be courteous and respectful of others at all times.
- Inappropriate or disruptive language is strictly prohibited.
- Horseplay is not allowed at any time in the Dojang.
- Students should notify instructors of any injuries prior to the beginning of class.
- Students should notify instructors immediately if they sustain an injury during class.
- Students should keep the Dojang and its surroundings as clean as possible.
- Advanced students should help guide the lower belts by exemplifying proper behavior at all times.
- Never demonstrate or teach Taekwondo to anyone outside the Dojang without instructor permission.
- Participation in any martial arts tournament without Sabumnim’s permission is strictly prohibited.
- Practicing Taekwondo at home is encouraged as long as you stay within the boundaries of what you have been taught at the Dojang. Children should have permission from parents to practice at home. Never experiment with new techniques or techniques above your belt rank.
- Do not engender ill feelings or rivalry with students of other schools or anyone within our Dojang.
- Your Dojang is a place of discipline. It must always be treated with the respect worthy of a place of great honor.

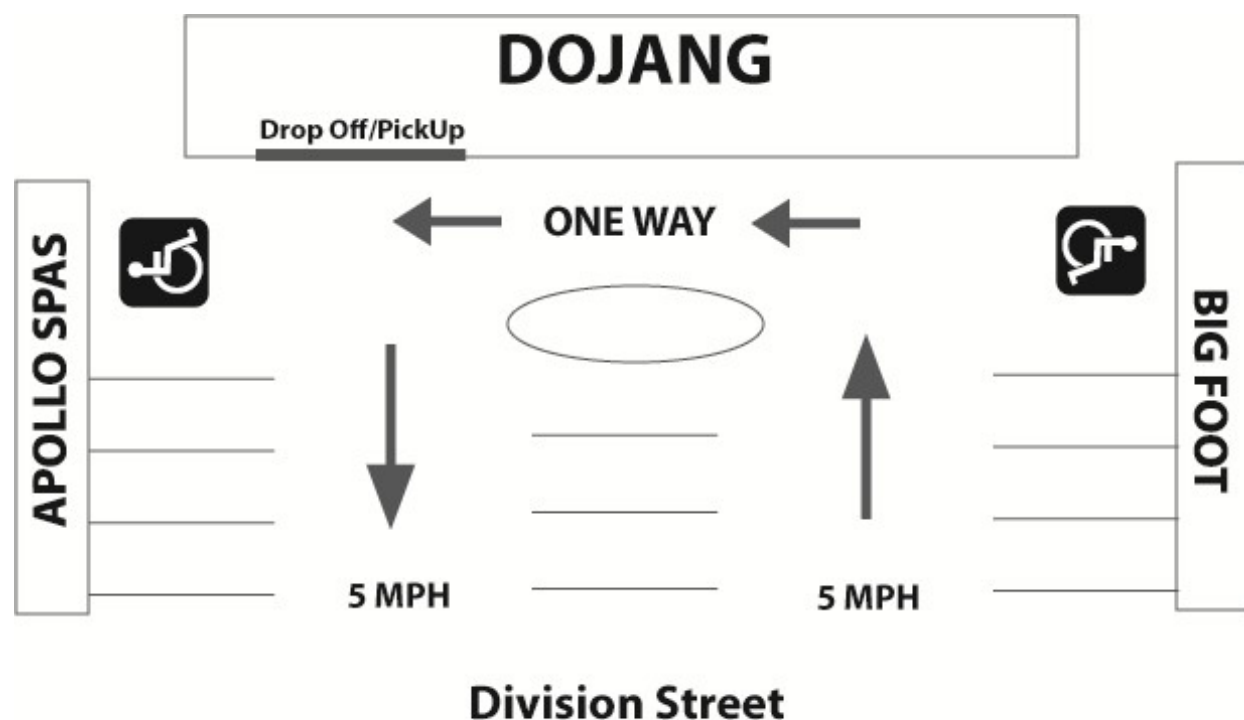
****Please see back page for additional rules for parents & guests.***



RULES & GUIDELINES FOR PARENTS & GUESTS

THANK YOU FOR YOUR COMPLIANCE WITH THE FOLLOWING RULES:

- No shoes are allowed on the mats at any time.
- All cell phones, pagers, etc. must be kept on vibrate.
- Please do not bring food into the Dojang.
- Once you enter the school, you must remain silent while class is being conducted.
- Please address the Master Instructor as “Sabumnim” or “Master Kim”, not by first name. Please address all other instructors as “Sir” or “Ma’am”, or use “Mister” and “Miss” when addressing them by name.
- Parents and guests are not allowed to speak to the instructors or the students during class time.
- Only students and instructors are allowed on the training floor during class.
- Guest restrooms are located in the front left corner of the main classroom.
(Please remove your shoes to get to the restrooms.)
- Parents and guests should not be in the changing rooms or the restrooms in the back hallway.
- Please keep the Dojang clean.
- Please visit the office for Taekwondo & business related issues only.
- Small children, although welcome, must remain quiet enough not to disrupt classes.
- Please keep the floors and walkways clear and free of debris.
- Please have children wait for rides inside the Dojang. Come to the main door to pick them up.
- Please do not block parking lot traffic when dropping off or picking up students. If your child is not ready, please find a parking space and walk to the door.
- Please leave the disabled parking spaces for those who legitimately need them at all times.
- Please follow the directions on the map below to drive through our parking lot.



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